

APPENDIX I

Continuing Professional Development / Postgraduate courses (2003-2022)

Online, 2022	“In depth clinical Studies” with Jonathan Chang of the Wang Ju-Yi Applied Channel Theory Research Centre
Stafford, 2022	Acupuncture Research Resource Center symposium and BAcC annual conference
Online, 2021	“Advanced Point Combinations” with Jonathan Chang of the Wang Ju-Yi Applied Channel Theory Research Centre
Online, 2021	“Advanced Applied Channel Theory” with Jonathan Chang of the Wang Ju-Yi Applied Channel Theory Research Centre
Online, 2021	“Mindfulness: Taking it Further” at Oxford Mindfulness Center
Online, 2020	Series of seminars on Applied Channel Theory with Jason Robertson and Jonathan Chang
	“Jue Yin Physiology” & “Yang Ming Physiology”
	“Channel examination”, “The treatment of constraint”, “Channel Sinew disorders”,
Athens, 2019	Japanese Acupuncture “Autonomic nerve imbalance” by Kiiko Matsumoto
London, 2017	Meridian wave acupuncture with Amos Ziv
Ireland, 2017	Applied Channel Theory and Palpation, with Jason Robertson
London, 2014	Traditional Chinese Medicine, Qi nutrition, with Maverick Leggett
London, 2014	East Medicine Summer School “Mingmen” by Dr Leslie De Vries & “Treating the Mingmen” by Prof. Volker Scheid
Online, 2014	Course by Coursera “Gut Check: Exploring Your Microbiome” by University of Colorado Boulder and University of Colorado System
London, 2013	Emergency First Aid at work by Holos Healthcare & Training Services Ltd
Barcelona, 2013	International Okyu moxa workshop
London, 2013	Chai Cancer Care expert lecture “Cancer survivorship” by Adrian Tookman
Brighton, 2013	“Classical views on the extraordinary meridians workshop”, by Sandra Hill
London, 2013	“Master class auricular acupuncture” with John Tindall
London, 2012	Hehuan seminars “Treatment strategies for the organ systems: The Spleen & the Stomach in Chinese Medicine” with Volker Scheid and Cincia Scorzon
Reading, 2012	Step further in Obstetric Acupuncture Seminar with Sarah Budd
London, 2012	Acupuncture for integrated Pain Management, College of Medicine
London, 2012	Japanese Meridian Therapy with Stephen Birch

London, 2012 Hehuan seminars “Gynaecology in Chinese Medicine” with Trudy Zipf

London, 2012 14th Acupuncture Research Symposium, ARRC

London, 2012 Research Education Workshop, ARRC

London, 2012 Course on Chronic Fatigue Syndrome by the College of Medicine

Reading, 2011 Channel palpation & Diagnosis seminar with Jason Robertson

London, 2011 Moxafrica Moxibustion workshop with Marian Fixler

London, 2011 Abdominal Diagnosis Workshop with Cinzia Scorzon

London, 2011 Hehuan seminars “Treatment strategies for the organ systems: The Heart” with Volker Scheid and Cincia Scorzon

London, 2011 Facial Revitalisation Acupuncture with Virginia Doran

London, 2010 Hehuan seminars “Treatment strategies for the organ systems: The Liver” with Volker Scheid and Cincia Scorzon

Brighton, 2009 “Further Studies in Obstetric Acupuncture” with Debra Betts

London, 2009 “Japanese Acupuncture for children Shonishin course” with Stephen Birch

London, 2009 “Shanghan Lun Acupuncture Seminar” with Dr. Arnaud Versluys

London, 2008 “The three step system of Chinese pulse reading” with Frances Turner

London, 2008 “Shanghan Lun Seminar” with Dr. Arnaud Versluys

London, 2007 “Canonical Chinese Medicine Seminar” with Dr. Arnaud Versluys

London, 2007 The Table Shiatsu Course with Andrew Staib

London, 2006 “The Five Elements: a study from Chinese Medical Texts” with Elisabeth Rochat de la Valley

Thessaloniki, 2005 ZEN Shiatsu, 10 postgraduate seminars led by Marianna Lazana,

Athens, 2004 “Clinical Applications of Shiatsu, Time scan of the energetic field” with Clifford Andrews

Thessaloniki, 2004 “Current neurophysiological aspects of the needling effect” with Thomas Lundeberg

Prague, 2004 4th European Congress of Traditional Chinese Medicine by EUOTCM

Hydra, 2003 “Tongue Diagnosis, Gynaecology” with Giovanni Maciocia

Presentations - Seminars on Acupuncture

- 2019** “An introduction to Channel Theory in Chinese Medicine” Thessaloniki
- 2018** “Acupuncture for Health and Wellbeing” for the Jewish Community of Thessaloniki
- 2017** “Introduction to Acupuncture for a Community Clinic” for the medical staff of the community clinic (Κοινωνικό Ιατρείο) in Thessaloniki
- 2015** Series of introductory Seminars on Chinese Medicine at the “Art of Oriental Medicine” academy in Athens
- 2012** “Acupuncture in gynaecology” seminar for doctors at Highgate Hospital
- 2010** “Acupuncture and Multiple Sclerosis” at the Chase Farm Hospital, London
- 2010** “Acupuncture for the treatment of Cancer” at the West London Synagogue